



Saint Bernard

A Roman Catholic Community

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*My steps have been steadfast
in your paths, my feet have
not faltered. I call upon you,
for you will answer me, O
God.*

— Psalm 17:5-6a

Thirty-Second Sunday in Ordinary Time November 10, 2019

*Mis pies estuvieron firmes en
tus caminos, y no vacilaron
mis pasos.*

*Yo te invoco porque tú me
respondes.*

— Salmo 17 (16):5-6a

Mission Statement:

We, the multi-cultural community of St. Bernard are loved and called by God to continue the mission of Jesus, reaching out beyond our boundaries to embrace the Universal Church. We are commissioned by Christ to spread HIS Word through community worship and the use of our God-given talents. With the guidance of the Holy Spirit, we commit ourselves to make Christ visible by: respecting all people, becoming positive examples, and sharing responsibility for the needs of others.

Mass Schedule • Horario de Misas

Saturday Masses • Misas de Sábado

8:00am (English)

5:00pm (English)

Sunday Masses • Misas de Domingo

5:00pm (English)

7:30am (English)

9:00am (English)

11:00am (English)

1:30pm (Español)

6:00pm (English Youth Mass)

Weekday Masses • Misas Entre Semana

8:00am (English)

6:15pm (English)

Masses of Obligation • Días de Precepto

8:00am (English)

6:15pm (English Vigil)

7:30pm (Español)

Parish Office • Oficina

Monday through Friday • Lunes a Viernes

9:00am—5:30pm

Closed from 12pm—1pm • Cerrado de 12pm—1pm

Saturday • Sábado

9:00am—12pm

Sunday • Domingo

Closed • Cerrado

Confessions • Confesiones

Saturday • Sábado

3:30pm—4:45pm

You can also call the
Parish office to make an
appointment with a
Priest.

También puede llamar a
la oficina para hacer una
cita con un sacerdote.

Pre Baptismal Class

Classes will be held every first Saturday of the month,
at 10:00 am in the Friendship Hall.

Clase Prebaptismal

Las clases son el primer Martes del mes en el salón chico
a las 7:00 pm.

In November, with All Hallows at the beginning of the month, our thoughts and prayers turn to those saints and souls who have gone before us. Gone where, though? Truth is, we don't know. Scripture makes many statements about life after death, but all notations of the afterlife require faith and hope. Today's Gospel from Luke has Jesus speaking comforting words about life after death—the righteous becoming children of God, like angels.

The hero-martyrs of our Old Testament reading about the Maccabees provide early examples of faith in the resurrection of the dead. They hold steadfast in their faith, being willing to die rather than violate their God's Law. Their frighteningly brutal story of hope might seem foolish to some, but we are all well aware of modern-day examples of men and women who have suffered rather than betray their beliefs.

VIRTUS®

Did you know?

Understanding the deception tactics of abusers

Sex abusers are out to deceive everyone around them. And for many people, it's hard to acknowledge the reality that predators are among us, and, are often the last people we expect. Many abusers utilize trusted positions in the community — coaches, teachers, organization leaders — to find and groom victims, and they count on the esteem of their positions to excuse them from any suspicion. Understanding the layers of deception utilized by an abuser helps us have a better handle on recognizing red flags and signs of potential abuse. For more information on "How Offenders Can Mislead," read the VIRTUS® article at <http://www.la-archdiocese.org/org/protecting/Pages/VIRTUS-Current-Online-Articles.aspx>.

¿Sabia Que?

Entendiendo las tácticas de engaño de los abusadores

A los abusadores sexuales les gusta engañar a todos a su alrededor. Y para muchas personas, es duro reconocer la realidad de que existen depredadores entre nosotros, y, que usualmente se trata de las personas que menos esperamos. Muchos abusadores utilizan sus posiciones de confianza en la comunidad, como entrenadores de deportes, profesores, líderes de organizaciones, para encontrar y atraer a sus víctimas, y ellos cuentan con que la importancia de sus posiciones les sirva para que no exista sospecha contra ellos. Entender los distintos tipos de engaño utilizados por un abusador nos ayuda a saber reconocer las alertas y señales de potencial abuso. Para obtener más información sobre cómo los abusadores pueden engañar, lea el artículo de VIRTUS® "How Offenders Can Mislead" (Cómo los ofensores pueden engañar) en <http://www.la-archdiocese.org/org/protecting/Pages/VIRTUS-Current-Online-Articles.aspx>.

Bereavement	Third Monday of the month at 7pm	Rectory (Conference Room)
Clase de Autoestima (con el Padre Toribio)	Martes a las 7pm	Music Room
El Shaddai Prayer Group	Monday's at 7pm	Inside the Church
Estudio de Biblia	Lunes a las 7pm	Salón 4 de la Escuela
Grupo de Oración	Jueves a las 7pm	Salón Chico
Grupo Matrimonial	Miércoles a las 7pm	Salón Chico
Pantry • Dispensa	Tuesday • Martes 10am—1pm	Garages • Cocheras
Respect for Life	Third Friday of the month	Inside the Church
Two Hearts	Third Friday of the month at 7pm	Music Room
That Man is You	Saturday's at 6:30am	Friendship Hall

Financial Report

November 3, 2019

Envelopes • Sobres: \$ 5,717.60

Plate • Efectivo: \$ 3,565.00

Novena: \$ 256.00

Pantry: \$ 369.00

Coffee Hour: \$ 130.00

All Souls Day: \$ 982.96

Parish Improvements: \$ 1,103.00

First Friday: \$ 461.59

Thank you, St. Bernard Community!

Parish Team

Parish Administrator
Father Toribio Gutierrez
frtoribiogutierrez@gmail.com

Resident Priest
Father Daniel W. Sugamo, I.M.C.

Deacon Rafael Riera

Parish School Principal
Mr. Aaron De Loera

Religious Education Director
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St.bernardscarament@gmail.com

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Business Manager
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Youth Ministry
Josephine Armendariz
sbccyouthmin@gmail.com

Coffee Hour!



Sunday's from 8:00am-12pm
In the Friendship Hall

November 10: School

November 17: Religious Ed.

November 24: CLOSED

Dear Parishioners:

For the first time, I will be visiting the Holy Land, accompanying a pilgrimage. I am very excited and grateful for this magnificent opportunity to visit the places where our Lord Jesus Christ walked, and where all this that is so important to me (the Church), began. I will reveal to you later what places I'll be visiting. From them, I will be praying for you. We will remember them in each of the masses celebrated in the holiest places in the world. I love you all dearly. Pray for me and for the pilgrims that I accompany so that this experience will be of great benefit to our parish community, and revitalize our faith in the Son that God - who in a few more weeks - will celebrate incarnate.

A Blessing for Our Veterans

Almighty God,
You know every veteran by name.
You know their deeds, their hard work, and their perseverance.
You know their needs, both material and spiritual.
Please draw each one closer to you
and grant them all the peace that passes understanding,
the peace of Christ to rule in their hearts,
and 'joy in your presence,
with eternal pleasures at your right hand' forevermore.

Lord of Hosts,
Watch over and protect our nation's military members and their families. Sustain our veterans with your everlasting arms, guard their families and loved ones.
Provide them with peace and surround them with love.
May they find hope and strength in you
For the trials of each new day.
For each and every veteran who has served our country, we thank you for their sacrifice.
Comfort those who struggle in life after war.
Help us to honor and care for them whom have given so much for us.
Help us to change swords into plowshares
and spears into pruning hooks.
We ask this in Christ our Lord. Amen.

December is approaching and at St. Bernard we will be celebrating constantly. These are the schedules of some of the activities for the next weeks.

Thanksgiving Special Mass/ Mis Especial de Acción de Gracias

November 28th at 9:00 (Bilingual/ Bilingüe)

Penance Service/ Servicio de Penitencia

December 2nd at 7:00pm (English)

December 4th at 7:00pm (Español- dentro del Novenario)

Estimados Feligreses:

Estaré visitando (por primera vez) Tierra Santa. Iré acompañando una peregrinación. Estoy muy emocionado y agradecido por esta magnífica oportunidad de visitar los lugares por donde anduvo nuestro Señor Jesucristo y en donde todo esto que es tan importante para mí (la Iglesia) empezó. Les iré contando más adelante qué lugares estaré visitando. Desde ellos, estaré orando por ustedes. Los recordaremos en cada una de las misas celebradas en los lugares más santos del mundo. Los quiero mucho. Oren por mí y por los peregrinos que acompaño para que esta experiencia sea de mucho provecho para nuestra comunidad parroquial y revitalice nuestra fe en el Hijo que Dios -que en unas semanas más- celebraremos encarnado.

Una bendición para nuestros veteranos

Dios Todopoderoso,
Conoces a todos los veteranos por su nombre.
Conoces sus obras, su arduo trabajo y su perseverancia.
Conoces sus necesidades, tanto materiales como espirituales.
Por favor, acerca a cada uno de ellos hacia ti
y concédeles esa la paz que sobrepasa el entendimiento,
la paz de Cristo para gobernar en sus corazones,
y alegría en tu presencia para siempre.

Señor de los ejércitos,
Que vigiles y protejas a los militares de nuestra nación y a sus familias.
Sostén a nuestros veteranos con tus brazos eternos,
Proteger a sus familias y seres queridos.
Proporcionarles paz y rodearlos de amor.
Que encuentren esperanza y fortaleza en ti
Para las pruebas de cada nuevo día.
Te agradecemos por el sacrificio
De cada veterano que ha servido a nuestro país.
Consuela a los que luchan en la vida después de la guerra.
Ayúdanos a honrar y cuidar a ellos que tanto nos han dado.
Ayúdanos a cambiar espadas en arados y lanzas en podaderas.
Te lo pedimos por Jesucristo nuestro Señor. Amén.

Se acerca Diciembre y en San Bernardo celebramos constantemente. Estos son los horarios de las actividades de las próximas semanas.

Special Mass for Fr. Toribio's Incardination/ Misa Especial para la Incardinación del Padre Toribio

December 8th at 11:00am (Bilingual/ Bilingüe)

Reception at Parish Hall / Recepción en el salón Parroquial

Mass Intentions

Saturday, November 9

5:00pm: Henry "Mickey" Herrera, †
Hugh & Felici Murray, Sp. Int.

Sunday, November 10

7:30am: Demetrio, Evelyn, Irinea, & Enriquez, †
Rolando Dulla, Thanksgiving
Pat & Irene Murphy, Sp. Int.
S. Castillo, Sp. Int.

9:00am: Ceasar Cuevas & Bryant Cuevas, Thanksgiving

11:00am: Lurene Moore, †

1:30pm: Maria Rocha, †
Rafael Riera Jr., †/H. B.

6:00pm: Regina Funaro, †

Monday, November 11

8:00am: Jorge Reynoso, †
T.J. Gallardo, Sp. Int.
Michael Quintana, Sp. Int.
Allan Chan, Thanksgiving

6:15pm: All Souls (No Mass)

Tuesday, November 12

8:00am: Divina Casillan, †
6:15pm: Narboneta & Sessa Family, Sp. Int.

Wednesday, November 13

8:00am: Miriam Rodarte, Sp. Int.
6:15pm: Brigida Aragunes, †
Ging Adecer, †

Thursday, November 14

8:00am: Robert Nelson, †
6:15pm: Our Family & Children, †

Friday, November 15

8:00am: All Children Needing Protection & Care, Sp. Int.
6:15pm: Patrick Untalan Toves, Sp. Int.

Saturday, November 16

8:00am: Freddie Gotingeo, H.B.

A mass intention is not only for deceased. An intention can be a birthday, thanksgiving, health, or anniversary. Reserve your intention in the Parish Center. There is a suggested \$10 donation per intention. Please reserve the date two weeks prior to the intended date. Please also keep in mind mass intentions are not guaranteed to be announced by the Priest.

Una intención de Misa no es solo para los difuntos. La intención también puede ser para un cumpleaños, acción de gracias, salud o aniversario. Reserva su intención en la oficina. Hay una donación sugerida de \$10 por intención. Por favor reserve la fecha dos semanas de anticipación de la fecha que desea. Por favor tenga en cuenta que su estipendio no nos obliga de ninguna manera a mencionar las intenciones.

Holiday Donations for Pantry

Our Parish Pantry continues to distribute food to our brothers and sisters in need in our community every Tuesday morning, because of your continued generosity and the kindness of faithful donors. It is one of the many ways we take care of the needs of others. In the last 12 months, we distributed 5,006 bags including 1,003 bags for our homeless guests. This year, the Knights of Columbus will sponsor a Thanksgiving dinner as they had done in the past years. St. Bernard school and the pantry ministry will combine efforts to put together and give away bags with special food for Christmas to our guests. We ask for your help to make these events happen. There are envelopes in the pews marked with a turkey and a tree that can be used for your donations. You can drop the envelope in the collection basket or turn it in to the rectory. Non-perishable food and hygiene items are welcome too. Your generous help for the poor in our community is very much appreciated. Thank you and may God bless you always!

-The Pantry volunteers

Misa de Sanación

La misa de Sanación será una misa celebrada cada tercer jueves de cada mes a las 7:30 pm. La próxima misa será el 21 de Noviembre. Nos visita el Padre Ismael Robles, y todos están bien venidos.



Archdiocesan Council of Catholic Women

The Southeastern District of the Los Angeles Archdiocesan Council of Women invites all of the parish to a day of prayer. Gathering will be November 14 at St. Matthew Catholic Church, 672 Temple Ave. Long Beach Ca 90814. It will be from 9am-1:30pm and there will be a \$15 entry fee per person.

Advent Retreat for Adults

The Sacred Heart Sisters will be holding their annual Advent retreat for adults on December 14 from 10am-3pm. There will be mass along with lunch. Please RSVP by December 7th (space is limited) to 714.557.4538 or retreatcenter@sacredheartsisters.com.

Confessions

On Saturday November 16 there will be no Confessions. Sorry for the inconvenience. If you would like to schedule an appointment for a confession with a Priest please call the office. Thank you.

Virgin of Guadalupe Float

We are looking for people who would like to help make and decorate a float in honor of the Virgin of Guadalupe. The days are Wednesday and Friday's at 7pm. Also on Sundays from 6pm-8pm in the Parish Hall. For more information call Cinthya Jigon (562) 712-2134 or Angela Camillo (714) 386-2650.

Family Zumba

Our school invites you to Family Zumba, in the Parish Hall. It will be held every Monday, Wednesday, and Thursday from 6:30pm-7:30pm. If you are 18yrs or older it's a \$50 fee a month, \$5 at the door and \$3 for 9yrs-17yrs. All proceeds will benefit our students and their education. For more information call or visit our school (562)867-9410.

PERSPECTIVA

Frecuentemente debemos comparar el tiempo y la eternidad. Este es el remedio para todos los problemas. ¡Qué pequeño parecerá el momento presente cuando entremos en ese inmenso océano!

—Sta. Isabel Ana Seton

Elaboración del Carro

Estamos buscando a personas que gusten ayudar con la elaboración del carro alegórico en honor a la Virgen de Guadalupe. Los esperamos Miércoles y Viernes a las 7pm. También los Domingos de 6pm-8pm en el Salón Parroquial. Para mas información llama a Cinthya Jigon (562) 712-2134.

Confesiones

No habrá confesiones el 16 de Noviembre. Si desea una cita para una confesión por favor llame a la oficina. Gracias.

Pastorela

Invitamos a todos a participar en la representación de la pastorela. El día de ensayo son los Lunes a las 7:30pm en el Salón Parroquial, empezando el 18 de Noviembre.

Danza

Se hace una atenta invitación a quienes gusten unirse a nuestra danza para las celebraciones del mes de Diciembre. Favor de comunicarse con Angela Carrillo (714) 386-2650 o con María Rodríguez (562) 440-6414.

Zumba Familiar

Nuestra escuela te invita al Zumba Familiar. En el salón parroquial, cada Lunes, Miércoles, y Jueves de 6:30pm-7:30pm. Para personas de 18 o mayor la inscripción tendrá un costo de \$50 al mes o, \$5 por sesión. Para 9-17 el costo será \$3. Todos lo recabado se destinará a los estudiantes y a su educación. Para mas información llama a la escuela (562) 867-9410 o visita nuestra escuela.

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